FEATURES & BENEFITS





PROMOTES ELEVATED BODY POSITION

Lifts hips and legs to focus on swimming with proper technique

EVA FOAM

Provides durability and prevents skin irritation

BUILDS UPPER BODY STRENGTH

Immobilizes legs, shifting focus to build upper body strength

IMPROVES HIP ROTATION

Calls for focus on hips while pulling to build core strength

JUNIOR SIZE AVAILABLE

Made specifically for youth and smaller legs

Adult (50) Junior (48)

PRODUCT DESCRIPTION



The Foam Pull Buoy immobilizes legs and provides lift to help build upper body strength and increase focus on proper hip rotation. The Foam Pull Buoy aligns the body from head to toe and improves symmetry. Made of EVA foam material that will not chafe or irritate skin. Available in Adult and Jr. sizes; the Jr. size is ideal for swimmers with smaller legs or under the age of 12.

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